

237 Nicholson St., Carlton. 3053 Tel 9347 7105 / 9347 7311 Fax 9347 9150 Tue-Sat 7am-5.00pm, Sun 7am-5pm

## **CATERING MENU 2019**

All prices include GST. Subject to change without notice.

Established over 30 years ago, The French Lettuce is a fully equipped Patisserie / Bakery with a full team of chefs and support staff.

We produce a wide range of quality products ranging from savoury finger food to magnificent wedding cakes. We bake fresh and deliver 6 days a week, anywhere in Victoria.

Our customers include government departments, large and small businesses, universities, hospitals, cafes and many of Victoria's top restaurants and clubs, as well as many private customers.

### **PLATTERS**

Platters are priced per person and offer generous serves.

	Small Serving (10 People)	Large Serving (20 People)
Fruit (GF, Veg & Vegan)	\$60.00	\$120.00
Cake (Veg, GF Options Available)	\$65.00	\$130.00
Fruit & Cheese (Veg)	\$75.00	\$150.00
Fruit & Cake (Veg)	\$75.00	\$150.00
Cheese (Veg)	\$75.00	\$150.00

### **SANDWICHES**

Our sandwiches are made with our own freshly baked bread filled with a variety of quality Ingredients and finished with our own mayonnaise, chutneys, dips, sauces and dressings.

Please advise us of vegetarian servings.

Vegetarian Servings Available.

Bite sized Filled Baguettes	\$3.50
Filled Baguettes	\$7.50
Dainty Ribbon Sandwiches in rounds of three	\$7.50
Gourmet Sandwiches – A selection of white, light rye and	
Sourdough bread. Rounds may be cut into halves or quarters.	\$7.50

Sandwiches may be boxed or arranged on platters.

# **FRESH FROM THE OVEN**

## **Breakfast Suggestions**

Bircher Muesli (per serve) (Veg) Dried Fruit Compote (per serve) (Veg) Greek Yoghurt (per serve) (Veg) Traditional Croissants(Veg) Mini Croissants(Veg) Ham & Cheese Croissants Mini Ham & Cheese Croissants Almond Croissants (Veg) Mini Almond Croissants(Veg) Escargot(Veg) Mini Escargot(Veg) Fresh Fruit Danish(Veg) Mini Danish(Veg) Chocolate Croissants(Veg) Mini Chocolate Croissants(Veg) Plain Scones /scones with jam and cream on the side (Veg) Muffins(Veg)	\$6.50 \$6.50 \$3.50 \$2.20 \$7.00 \$3.50 \$5.00 \$3.50 \$5.00 \$2.50 \$5.00 \$2.50 \$3.50 \$5.00
Raisin Scones /scones with jam and cream on the side (Veg) Muffins(Veg) Mini Muffins(Veg)	\$3.50 \$4.50 \$3.50

### **QUICHE**

Spinach and Pinenut (Veg), Quiche Lorraine	Bite Size	\$ 2.50
Tomato, spinach and fetta, (Veg),	Individual	\$ 6.00
Salmon with Avocado	8" Large	\$28.50

## FRITTATA (Veg)

9" \$25.00 12" \$35.00

# **SAVOURY FINGER FOOD**

# Best served warm: (Minimum 12 pieces.)

Mini Beef Burgundy Pies Mini Chicken and Mushroom Pies Bite Size Tomato, Cheese and Onion Rolls (Veg) Bite Size Sausage Rolls Bite Size Spinach and Ricotta Rolls (Veg) Bite Size Chicken and Sage Rolls Mini Spring Rolls (Veg)		\$2.50 \$2.50 \$2.50 \$2.50 \$2.50 \$2.50 \$2.50
May be served either warm or cold: (Minimum 12 pieces unless of	herwise specified.)	
Risotto Balls with pumpkin and sage (Veg) Mini Vegetable Frittata (Veg) Mini Assorted Quiches (Veg Available) Mini Tomato & Bocconcini tarts (Veg) Cheese Sticks (Veg) Thai style Tuna Balls with coriander, chilli and noodles - Excellent with sweet chilli dipping sauce Tofu Balls flavoured with sunflower and sesame seeds, coriander sweet p Pumpkin and Almond Bites with spinach and cheese (Veg) Lentil and Potato Balls with toasted coconut and spring onions (Veg) Baked Ricotta Bites with spinach, sun dried tomatoes, sweet potato and p Dolmades – Vine Leaves stuffed with mince and rice(Veg) Mini Rice Paper Rolls (Veg) Kofta – spicy Middle Eastern meatballs Chicken & Apricot Balls Mini Pizza Squares (Veg available) Mini Choux with Roast Beef & Horse radish cream Mini Choux with Smoked Salmon Crème Fraiche & Dill Sushi(Veg available) Individual Frittata with Smoked Trout & Bocconcini Spinach Pide – mini Turkish bread filled with Spinach(Veg) Haloumi Pide - mini Turkish bread filled with Haloumi cheese(Veg) Marinated Chicken Skewers Sticky Thai Red Chicken Wings	, -	\$2.50 \$2.50

## **Something Sweet:**

Petit Four Tartlets – strawberry, kiwi, lemon	minimum 12	\$3.00
Passionfruit, vanilla, chocolate		

### SAVOURY PLATTERS

Antipasto: Spinach & Gorgonzola Dip, Hand Rolled Grissini, Roast Vegetable Frittata, Eggplant

Schnitzel, Roast Capsicum & Zucchini, Olives, Baked Polenta, Italian Meatballs, Baby

Bocconcini with Prosciutto, Marinated Mushrooms.

Meze: Babaganoush & Tzatziki Dip, Turkish Bread, Marinated Feta, Stuffed Vine Leaves, Olives,

Falafel, Spanakopita, Lamb Kofta, Green Beans.

Asian: Prawn Crackers, Sushi, Mini Spring Rolls, San Choi Bow, Tuna Noodle Balls, Thai Chicken

Bites, Broccoli with Sesame Dressing, Yakitori Chicken Skewers, Sweet Chilli Sauce & Soy

Sauce.

#### Please give 48 hours prior to requirement.

Small Platter (Serves 10 People) \$400.00 Large Platter (Serves 20 People) \$750.00

### THE FRENCH LETTUCE PICNIC HAMPER

The French Lettuce understands how to make a picnic memorable – be it the Spring Racing Carnival, Jazz at the Zoo or just time out with family & friends. The picnic hamper is available all year round and includes;

- Baguette
- Salads: Green, Pesto Pasta, Roast Vegetable
- King Island Brie
- Pate
- Salmon Dip
- Individual Quiche
- · Assorted Savoury Finger Food & Homemade Chilli Sauce
- Lemon & Date Chutney
- Chocolate Dipped Strawberries or Fruit
- Fresh Cakes & Sweet Tartlets

Or Make your own selection from our catering list.

\$45.00 per head - minimum 2 people

**<u>Picnic Presentation:</u>** In an attractive French Lettuce Hamper Box

Paper napkins, disposable plates, cutlery & wine cups included.

# **SALADS**

To ensure availability please give 48 hours notice prior to requirement. We provide bowls and salad servers. Please return them the day after the event. Please do not hesitate to request your favourite salad if not listed here. (Serves 8-10 persons)

Pesto Pasta – penne pasta dressed with a basil pesto mayonnaise	\$50.00
Greek Salad	\$50.00
Rocket & Shaved Parmesan with a Balsamic Dressing	\$40.00
Mesclun with a Mustard Vinaigrette	\$40.00
Mozzarella, Tomato & Basil Salad – served on a platter	\$50.00
Tabbouleh	\$50.00
Roasted Winter Vegetables with Rosemary	\$55.00